

**We provide children and adults with disabilities, wounded warriors and at-risk youth nationally accredited equine assisted therapeutic horsemanship programs and activities in a safe Texas Hill Country environment.**

Since 1995, a growing number of people with disabilities have found healing with the help of specially trained horses.

Our professional staff, assisted by trained volunteers, serves clients primarily from Bandera, Bexar, Kendall, Kerr and Medina counties.



In 2010, we served 348 program participants 2,362 service hours with the help of 237 volunteers and 23 amazing horses, positioning Triple H as one of the top five therapeutic riding centers in Texas. And the ONLY fully accredited PATH center in San Antonio, designated as a "Premier Therapeutic Riding Center."

## Triple H Programs

### Riding to Independence

Using therapeutic riding (mounted) activities, RTI focuses on children and adults with disabilities who are referred by medical professionals or who progress from other Triple H programs.

### Way of Equus

An equine assisted psychotherapy program consisting of ground (dismounted) activities that promote emotional growth and psychological well being.

### Hooves, Hearts and Heroes

A school-based, experiential learning program that is offered in collaboration with area school district special education classes.

### From Fear to Responsibility

Incorporates equine assisted mental health curriculum for at-risk children and youth.

### Horses for Heroes

Offers wounded warriors customized therapy combining therapeutic riding and equine assisted psychotherapy to address physical, mental, and emotional trauma.

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Triple H encourages referrals from local educational and disability care providers. We collaborate with area school districts for clients to receive equitherapy services and does not ever turn away a financially disadvantaged client due to inability to pay.

If you know of an individual who will benefit from our programs, please have them contact us for an assessment.

## Volunteers at Triple H are the "Heart" of Hooves, Hearts and Heroes!

Nearly 70% of our program staffing is provided by our devoted volunteers, specifically in Horse Handler and Side Walker positions.

Our volunteers are a diverse collection of teenagers, couples, families, civic groups and corporate teams.

Some are committed to serving those with disabilities, some are moved to serve the military, some just love to work with horses, or in the outdoors. Whatever may be their motivation, these treasured individuals and groups make it possible for us to do what we do. And, their commitment to our mission is our most valued resource!

### Our Volunteer Positions

Mentors  
Horse Handlers  
Side Walkers  
Barn Hands  
Event Helpers  
Clerical Assistants  
Maintenance Helpers  
Special Ed Assistants

Commitment is 2 Hours per week and Training Is Provided In Area of Service



Triple H Equitherapy is a Certifying Organization for the President's Volunteer Service Award.

## How Your Gift Helps...

A gift of any amount is greatly appreciated and will help us make a difference in the lives of children and adults with disabilities, wounded warriors and at-risk youth!

\$15 buys a 50 lb. bag of “Senior Horse” feed.

\$30 provides a 1-hr lesson for one child with Down Syndrome or Autism.

\$57 buys a safety helmet for a wounded warrior.

\$300 makes it possible for an “At-risk” teen to develop character and learn good citizenship through our mentored 10-week “From Fear to Responsibility” Program.

\$1,500 funds a whole semester’s class for 5 riders with physical disabilities through our “Riding to Independence” Program.

\$2,600 delivers a semi-truck full of quality coastal hay, enough to feed the 19 therapy horses for 8 weeks.

\$5,000 enables 15 Special Education students to spend ½ day a week at our facility, each with an equine “buddy” who motivates them to learn basic academic and life skills.

For donors who wish to make a major impact on the future success of the Triple H Equitherapy Center: We need a four-horse shed to shelter lame horses in a retirement and recuperation pasture, costing \$3,000 dollars. We also need an all-weather metal cover and new footing for our sand arena costing about \$350,000.

**All donors are welcome to contribute to their favorite program or give a gift to be used where we need it most and are welcome to give in honor of a special event or loved one.**

Horses Helping the Handicapped, Inc. is a 501(c)(3) non-profit organization, Tax I.D. # 74-2746369 and charitable contributions are tax deductible to the extent of the law.

## You Can Help Us Serve

### In-Kind Donations

Donations of items and services help us keep our expenses low.

### Horse Care

Horse Feed, Hay & Supplements

Apples & Carrots

Wood Shavings for Stalls

Tack Cleaning Products

### Office Supplies

Printer Paper

Cardstock Paper

Business Envelopes

Business Labels

Postage Stamps

### Professional Services

Farrier Services

Veterinarian Services

IT Services

Printing Services

### Gift Cards

Dining & Entertainment—to reward the hard work of our volunteers!

### Engagement Opportunities

We love to be invited to present our mission and share success stories of our clients at community awareness events and civic or professional association meetings.

### Event Sponsorship & Donations

Each year, Triple H holds the *Magic of Horses* Benefit Gala and invites area businesses and individuals to become event underwriters and donors of unique auction items to maximize our fundraising success.

## TRIPLE H EQUITHERAPY CENTER

*Horses Helping the Handicapped, Inc.*

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Connect with Triple H on facebook!

# TRIPLE H EQUITHERAPY CENTER

Horses Helping the Handicapped, Inc.



**Bringing health and wholeness  
to those with disabilities  
through the *Magic of Horses*.**